

# 2023 - Shenandoah River 30K Aqua Blaze (ROT) Rules of Travel

**Terrain Breakdown:** 10% Pavement or Fire Roads, 90% Trails.

**Restrictions:** Must obey all traffic rules while riding on state or county roads. "Leave No Trace Behind" rules are in place.






**Communications:** Cell phones are mandatory gear. **W or Restroom** is a symbol for potable water on your maps.







**Logistics:** You must complete all of Leg 1 before you transition to Leg 2.

**Dropping out of the Race:** You must check in with the race director if you drop out of the race!! **If not, search and rescue will be called.**

**If you are injured: Life threatening? Call 911, then race director for location logistics. Minor injury or lot, call the race director first.**

**Mike Spiller @ 202-438-9084, Christi Manning @ 540-325-5807 or Nick Hurff 856-430-9538**

LEG 01		Distance 13+ Miles	Shenandoah River		
	<b>Emergency 911</b>	Map # 1 	<b>AA - River Right - Massanutten Canoe Campground near mile 23</b> <b>BB - River Right Boat Launch</b> <b>CC - River Right</b> <b>DD - River Left Pull Out</b>		
	Race Director 202-438-9084	CP#s 4			
<b>Additional Information</b>			Exit Canoe and run to the Transition area to begin your Trek. Check in with Race HQ before starting your trek.		
	Filter All Water			Limited cell service <b>W</b> Water fill locations.	
Check in at Race HQ and transition to trek					

LEG 02		Distance 5+ Miles	Trekking		
	<b>Emergency 911</b>	Map # 2 	<b>CP 1 - River Trail</b> <b>CP 2 - River Trail (Turn around point at 2.5 miles)</b> <b>CP 9 Cullers Trail</b> <b>Finish the Race and check-in at the finish line.</b>		
	Race Director 202-438-9084	CP#s 3			
<b>Additional Information</b>					
				Limited cell service <b>W</b> Water fill locations.	
<p><b>Team members must stay within 100 feet of each other during all legs of the race!!!</b></p> <p><b>ROT Legs must be completed in order. Checkpoints within each Leg can be acquired in any order.</b></p> <p><b>If you drop out of the race for any reason contact race officials. You must check in at the finish line.</b></p> <p><b>Turn in your passport and receive a different passport for the final leg of the biking race</b></p>					

1. All racers are expected to be examples of good sportsmanship. Racers must treat fellow racers & race staff with courtesy and respect.
2. Teams must assist fellow teams in need of medical attention.
3. Teams must always remain within ten meters while on foot and thirty meters while on bike of all teammates and within visual contact at all times (unless otherwise specified).
4. Maps, Passports, Rules and Instructions must be carried the entire race.
5. Race numbers must be worn on the outside of clothing at all times. Race numbers do not have to be worn over PFDs.
6. Teams must manually punch passports in the correct space at each CP.
7. Teams that miss a CP will be ranked after teams that obtain all CPs provided that all CPs are in the correct spot. Correct location is where UTM's given to racers plot the CP or where CP is premarked on racers maps.

***Final rankings will be as follows: A. Teams will be ranked by number of CPs acquired. B. Teams will be ranked by fastest time. C. NO LITTERING! Leave no trace behind!!***